

THE

# PESTALOZZI

INTERNATIONAL FOUNDATION

.....  
Empowering young people to make a difference in the world

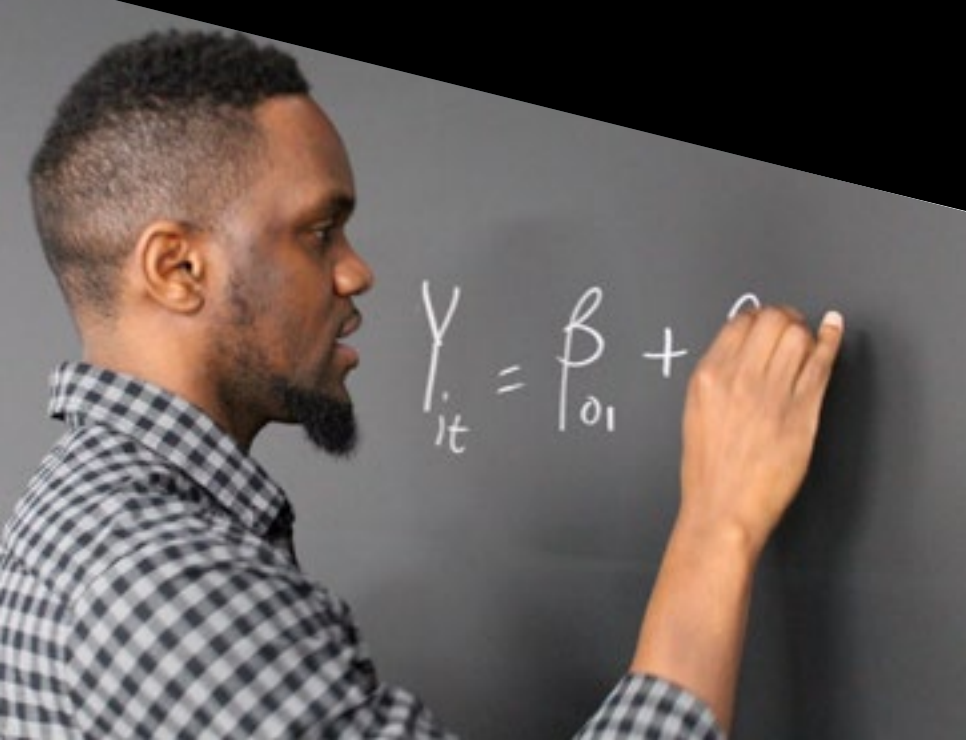




## THANK YOU

"I am immensely privileged to have got the opportunity to complete my studies in such an advanced environment. I express my heartfelt gratitude to the Pestalozzi International Foundation and all of its supporters for their generosity. I am looking forward to making the best out of this amazing opportunity and be the reason of success and joy for the organisation."

– Dechen Chokey, Pestalozzi-UWC Scholar 2019-2021



# CONTENTS

- 3 Meet the 20/22 Scholars
- 4 Pestalozzi-UWC Scholars
- 5 Life during lockdown
- 9 Pestalozzi Development Fund
- 11 Alumni Updates
- 13 Support Us

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 PRINTER: CLEARPRINT SOLUTIONS  
 PUBLISHER: PESTALOZZI INTERNATIONAL FOUNDATION  
 FRONT COVER: HABIIBA MALINGHA :  
 PHOTO CREDIT LAITH NSOUR  
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# CREATING YOUNG LEADERS



AARON ECKHOFF  
 CHAIR OF TRUSTEES

It is a great pleasure for me to be writing this as the new Chair of Trustees for Pestalozzi. It is a challenging, yet exciting time for the charity with vast changes occurring for us and the charity sector. My relationship with Pestalozzi began whilst I was the Director of Sixth Form at Claremont Senior School. During my tenure, I was involved in school fundraising events for Pestalozzi; such as the 24-hour workout and a continental food evening, which celebrated the diversity of the student population at Claremont. I also taught Mathematics and Physics to a number of the Pestalozzi students. To say that Pestalozzi had an impact on me is an understatement. It is because of the students that I encountered, the staff that I met, and the volunteers that I served with, that when the opportunity came to join the team, it was a no

brainer. I believe in the mission of Pestalozzi and I am fully committed to the journey ahead.

In the face of a global pandemic, and the odds stacked against us, all the second-year students and three of the incoming class have returned to the UK to begin their studies. This has not been an easy task and I would like to thank the UWC Atlantic team for their hard work and creative problem solving to overcome the issues that they faced. The students are now on campus and doing well. You can read more about their stories in the newsletter.

Like countless other sectors, the charity sector has been affected by COVID-19. Life has been exceedingly difficult across the charitable sector as the world's economies struggle through the crisis, and we at Pestalozzi are not an exception. In this time of huge uncertainty, we are taking all necessary steps to ensure that we can fulfil our mission. However, now more than ever, we need all the help we can get. As part of our new strategy, we are moving to engage more people in innovative ways

## MESSAGE FROM PESTALOZZI

so that the mission we deliver reaches a more global audience. Over the next few months, you will see a number of new initiatives that are fun, exciting, and easy to engage with, on the new website, social media and in future newsletters. Be sure to check out how you can support a stable future for Pestalozzi.

Our next event is The Big Give Christmas Challenge, which runs from 1st to 8th December. During this week, your donation could be doubled by match funding from Pestalozzi Pledgers and our Champion. We would appreciate everyone supporting this campaign to enable us to reach our target, opening up our match funding pots. You can read about how to get involved on page 14.

Thank you all for your continued support and belief in the work that we do.

## ABOUT PESTALOZZI INTERNATIONAL FOUNDATION

Pestalozzi is a UK based charity with over 60 years' of experience offering life-changing scholarship opportunities to young people from around the world.

### OUR VISION

To empower young people to make a difference in the world.

### OUR MISSION

To facilitate the development of globally conscious and proactive young people from disadvantaged backgrounds, through supporting holistic further education opportunities in a multi-cultural and multi-faith environment.

### OUR CORE VALUES

Respect, Integrity, Diversity, Relationships, and Commitment.

PESTALOZZI-UWC SCHOLARS

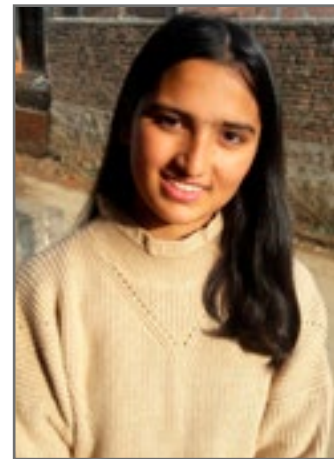
MEET THE 20/22 SCHOLARS



DEVI



LIONEL



ALIZA

September marked the start of the new academic year and the return of our second-year scholars. They have been joined by three new Pestalozzi-UWC scholars, Devi, Lionel and Aliza. This year, having to make the journey to Wales from overseas has been challenging, but the staff at UWC Atlantic have done a great job supporting them. All international students had to quarantine for 14 days on arrival, but settled in well nonetheless.

Lionel, from Uganda, is passionate about making a difference to people's lives and wants to pursue a career in biochemistry. Devi, from Indonesia, is passionate about physics. She explains, "Mechanical engineers apply the laws of physics and mathematics to design machines that heavily influence our lives. These are the people who drive humanity forward and improve the lives of millions and I, for sure, aspire to be a part of that." Aliza, from Nepal, is a black belt in karate and has an interest in improving women's rights in Nepal. We hope that you will be interested in following their progress over the next academic year.

Due to travel restrictions and visa offices being closed, we have had to defer two scholarship places this year. Hari from Bhutan and Leonel from Belize will now start their course in September 2021. They will remain engaged with the College and National Committees through intern opportunities and invitations to virtual events.



The summer break started early for the Pestalozzi-UWC scholars when the world went into lockdown. Four of the five Pestalozzi scholars returned to their home countries and the other remained in the UK with a host family. Whilst continuing their learning online, they also made the most of this time by volunteering, learning new skills and getting ahead on their studies. Here are some of their summer highlights.

"I did some voluntary work with the DEBS officer and talked to the girls at the nearest secondary school in my community about the importance of science and the importance of girls' education."

- Kazembe

"My summer break was very strange, similar to many other students around the world. It started off fine because we had no cases of Covid-19 in Uganda. During that time, I was helping my mum with work and focusing on schooling my little brother since his school was closed. Due to internet connectivity issues, I was not able to participate in classes for the first two weeks, but I quickly caught up. I was planning to work with a UWC alumna on the renovation of an old school building in Uganda. We had planned to meet and do it together, but all forms of public transport were banned, so I missed out."

- Alvin

"My summer break was one of the most interesting summers ever. I stayed here in the UK with a host family. I managed to keep myself physically active despite the lockdown. I did lots of running and riding! Both of which I had no experience with before. I also learnt how to use a sewing machine, with which I made masks and PPE gowns."

- Dechen

"It was a long holiday which started unexpectedly. It was hard to stay in one place and just sit all day. It was also a productive period for me in which I gained some skills which I wouldn't have been able to do if I was not quarantined. But coming back to AC (Atlantic College) was such a great experience for me and I was delighted to hear that I was going back to my second home."

- Aryan

"I managed to fly back to Zimbabwe before the lockdown and was unable to do any community engagement or volunteering. I have, however, managed to successfully complete a few things. I finished my extended essay in Biology and Economics well before the deadline. My research question is around AIDS related deaths in Zimbabwe. My involvement with the Young People's Network on Sexual Reproductive Health, HIV and AIDS in Zimbabwe and the number of beloved ones that succumbed to AIDS-related deaths, motivated me to explore this topic. I also had virtual work experience with the Brighton & Sussex Medical School."

- Rufaro





# LIFE DURING LOCKDOWN IN THE UK



## GEOFFREY NJOVU - EKASI

Pestalozzi alumnus, Geoffrey Njovu, has launched a brandnew podcast series with fellow Mastercard scholars at the University of Edinburgh called Ekasi, meaning 'my community'.

The podcasts aim to bring together stories from the international community studying at Edinburgh, sharing their experiences and challenges as international students in a foreign country. It's a great listen and one that many Pestalozzi alumni will be able to relate to. Geoffrey explains how lockdown gave him the opportunity to focus on the podcasts.

"I had many plans to make the summer of 2020 count. Little did I know that the old adage "man plans, and God laughs" would become my reality a few months down the line. I did not anticipate that my internship would be cancelled and that competition for them would skyrocket. I decided to focus on how I could creatively gain skills during the unsettling times.

For the love of discourse and peoples' stories, I'd earlier in the year started working on The Ekasi Podcast - an initiative by the Mastercard Foundation Scholars' programme at the University of Edinburgh. I co-hosted, edited and was the technical head for the project and it became my main occupation throughout the summer. We have just concluded the first season (8 episodes) and have upwards of 1000 downloads. We've been overwhelmed by the support.

Besides the podcast, I spent part of the lockdown reading. As a science-inclined student, I realised how clueless I was about social issues. As a personal response to both COVID-19 and the BLM (Black Lives Matter) movement, I took a summer course (Student Led Individually Created Course) to reflect on 'Africa's Political and Economic History' and how that affects the position and perception of black people globally. To share what I learnt, I organised a series of Zoominars discussing Africa's past, economic decolonisation, black tax, scramble for Africa and other afro-centric issues with my fellow young Zambians.

I look back and think I learnt more than I would have in a normal 2020. Blessing in disguise?"



## DECHEN - PPE

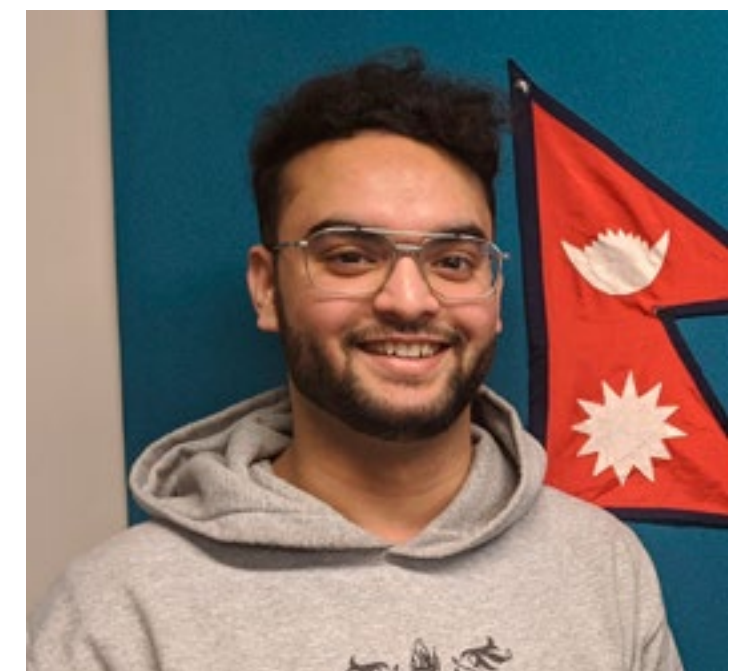
Pestalozzi-UWC Scholar, Dechen Chokey, spent her summer in the UK with a host family. During that time, she learnt many new things, one of which was sewing. With her new-found skill, she made masks for elderly neighbours and sold some of them to raise money for Syrian refugees. She also made PPE for the Bucks Search and Rescue PPE appeal.

"My experience at Atlantic College is showing me that people from all around the world can work together and understand each other. I think genuine people working together for right things will make the difference we all need." – From BBC Bitesize article about Dechen's journey [www.bbc.co.uk/bitesize](http://www.bbc.co.uk/bitesize).

## AAMIR - COVID TESTING CENTRE

Another Pestalozzi alumnus who made the most of his summer lockdown in the UK, is Aamir Ansari, who is studying at the University of Lincoln. He explains how he spent his free time helping his community here in the UK.

"I stayed in the UK the whole summer as I couldn't go back home. The university was very supportive and I felt so lucky. It was good that I found a job at a Covid-19 testing centre. I took the job as I thought that was better than staying home for so long and it would be another way to give something back to the community. While working at the testing centre, I found out about a charity called Linc2Nepal. This charity is based in Lincoln and collects donations to help less fortunate students back home in Nepal. I emailed the contact there asking if I could be of any help."



## PESTALOZZI ALUMNI GRADUATIONS



### Habiiba Malingha

Habiiba, class of 2014, graduated from the Haas School of Business, UC Berkeley. Habiiba is passionate about making a difference in Uganda. She reflects on the impact of Pestalozzi - "It is fitting that I wear red to celebrate my graduation from UC Berkeley! I have been reflecting a lot about the ladybird. Graduating during this pandemic had been confusing. The ladybird's symbolism of hope and good luck is so relevant right now. I am glad to have had the Pestalozzi experience, because it has grounded me to be a more empathetic leader and an adventurous academic. Just like the IB, my degree in Business Administration has a lot of global politics attached to it. It led me to countries such as France for a programme in international economics and at the Sciences Po, Bordeaux. I am excited to continue this journey of leadership in Uganda and Africa at large with Head, Heart and Hands!"



### Bigyan Babu Regmi

Bigyan, class of 2016, graduated from Duke University with a BS Economics. We were excited to hear that Bigyan has been selected as a Weidenfeld-Hoffmann Scholar at the University of Oxford to undertake a Masters in Development Economics, which he started this autumn. He had been awarded a prestigious fellowship to study at the Yenching Academy of Peking University, however due to the uncertainty of institutions reopening, Bigyan decided to defer his place until next year. He is keen to make a difference in his home country of Nepal. You can read more about Bigyan on our website.

#### Ritah Nabaggala

Bachelor's Degree in Computational Neuroscience and Psychology, minor in Cognitive science - Michigan State University

#### Roseline Simanjuntak

BS Biology-Ecology major/ Innovation and Entrepreneurship Certificate - Duke University

#### Tenzin Lhatso

BBA Accounting and Finance - Zicklin School of Business, Baruch College

## Dawa Zangmo

Dawa graduated from Pestalozzi in 2015 and returned to Bhutan for a gap year. She was a recipient of a scholarship provided by the University of Brighton specifically for Pestalozzi UK students. This year she graduated with a BSc (Hons) Biomedical Science. She shared - 'Initially receiving a Pestalozzi Scholarship meant an opportunity to study abroad and having access to further scholarships to study at university. However, when I graduated from Pestalozzi, I realised that I returned home with more than just my initial goal; I was more compassionate and tolerant of differences. Since graduating, I am now working as a Biomedical Scientist in the Microbiology Department at UoB. I am currently working as a part of the COVID team and this is my way of giving back to the society who helped me get this far. I hope everyone continues to support Pestalozzi, because it really is an amazing organisation which can bring positive changes in different communities through education.'



### Yanti Manurung

We are delighted to congratulate Yanti, class of 2016, on her BA Biology and Psychology (double major) from Swarthmore College. She will be continuing her journey in Chicago as a researcher at the Feinberg School of Medicine, Northwestern University.

'I am excited to start my dream job of being a scientist. I will be investigating the genetic substrate of dopaminergic neurons development in relation to Parkinson's disease. I am planning to work for 2-3 years before pursuing a PhD. At times of hardship and uncertainty, I always think of my life as a Pestalozzi Scholar. It might not magically solve my problems, but it gives me hope that in the end, everything will work out. Also, head, HEART, and hands. Capital and bold heart because we often forget to use it.'

#### Bwalya Kasanda

Bachelor of Commerce (Hons) Marketing and Organisational Behaviour and Human Resources - Sauder School of Business, University of British Columbia  
Read about Bwalya's project 'The Bubbles' on page 10.

#### Geofrey Samukulu Mushibi

Bachelors in Mathematics and Economics - University College Utrecht

#### Shuvechchha Ghimire

BEng (Hons) Electronic and Computer Engineering - University of Brighton (you can read Shuvechchha's story on pages 11 & 12).

#### Chok Tsering

BSc (Hons) Economics - University of Lincoln  
Chok has since received an LSE Master's Award, which will enable him to study for an MSc in Development Management.

#### Mailess Phiri

BS Environmental Economics and Policy - University of California, Berkeley

#### Marvin Mulima

BS Society and Environment - University of California, Berkeley

The fund, established in 2019, was created to enable Pestalozzi International Village Trust UK and Pestalozzi International Foundation alumni to set up or expand projects or activities of benefit to their own or other developing communities. Nine awards have been made in this round; here are some of the successful ones. You can read about alumna, Shuvechchha's UNITEC project on pages 11 & 12.

# Pestalozzi Development Fund Recipients

**PROJECT: MAMA'S MOMENTS MATERNITY KITS**  
**ALUMNUS: JOHN MUBITA MUYANGWA**  
**GRANT AMOUNT: £2358**

**PROJECT OVERVIEW:** Mama's Moments Maternity Kits aim to work with communities to save lives from underlying causes of maternal and neonatal deaths by empowering pregnant mums to know their risks and proactively manage their pregnancy.

**EXPECTED IMPACT:** Help Zambia achieve key indicators in the mother and child health segment and meeting United Nations Sustainable Development Goal 3, Promoting Safe Motherhood Initiatives in Lusaka's Kanyama' Sub District using the Mama's Moments Maternity Kits and the Mama's Moment Clean Delivery Initiative. This grant funding could positively affect over 700,000 pregnant women in Zambia in the long term.



**PROJECT: PROJECT 1000PAD**  
**ALUMNA: RURAMAI CHIVASA**  
**GRANT AMOUNT: £4500**

**PROJECT OVERVIEW:** Project1000Pad, is a women's empowerment initiative focused on combating period poverty. The project will teach students at Semchembu Secondary School how to make reusable sanitary pads with the intent to sell and systematically expand the project scope to surrounding Zimbabwean communities and schools.

**EXPECTED IMPACT:** To provide an income generating and sustainable project for Semuchembu Secondary School that will improve the standards of the school and teach the students sewing skills and provide the opportunity to build their leadership and entrepreneurial skills. It will lessen the economic divide caused by period poverty through donating or providing affordable and durable pads.



**PROJECT: FLO FOUNDATION**  
**ALUMNA: HAUWA JIBO**  
**GRANT AMOUNT: £950**

**PROJECT OVERVIEW:** Construction of a toilet at UBE primary school in Nigeria to improve hygiene and the safety of students.

**EXPECTED IMPACT:** Students at the school will have a safe and hygienic place to go to the toilet whilst at school.



**PROJECT: SANSAR EARTH**  
**ALUMNUS: SUSHANTA SUBEDI**  
**GRANT AMOUNT: £2500**

**PROJECT OVERVIEW:** A sustainable, community driven solution to tackle plastic waste related pollution in the slum areas of Kathmandu, Nepal. Exchange of waste plastic for free rice with distribution in environmentally friendly, recycled rice bags.

**EXPECTED IMPACT:** To tackle urban pollution and poverty in the slum areas of Kathmandu, Nepal, through a community driven solution. To reduce food poverty through the project as monthly expenses towards rice accounts for more than a quarter of the average monthly income.



**PROJECT: THE BUBBLES**  
**ALUMNI: BWALYA KASANDA AND MAILESS PHIRI**  
**GRANT AMOUNT: £3000**

**PROJECT OVERVIEW:** To provide employment to local unemployed women who provide handwashing laundry services. Teach handwashing techniques from other countries as well as how to care for different types of fabric.

**EXPECTED IMPACT:** Empower women by providing stable employment to over 500 local, uneducated women. The increased reliable income in the family will enable children to attend school, have access to food, healthcare and help lower poverty rates.



The next deadline for applications is 31st December 2020. Is there a project that could be set up to help your community overcome some of the issues that COVID-19 has caused? This may be related to nutrition/ food supply, healthcare, employment, or education. We are particularly keen to receive applications for sustainable projects that will have a long-term impact. More information on how to apply can be found at: [www.pestalozzi.org.uk/Pestalozzi-Development-Fund](http://www.pestalozzi.org.uk/Pestalozzi-Development-Fund)

FEATURED ALUMNA



**SHUVECHCHHA GHIMIRE**

Like many Nepali youth, I believed I would have to choose employment over education, if not for the Pestalozzi scholarship. My life choices would have been limited by finances and my life path most likely chosen by my parents.

At Pestalozzi, I learnt that positivity and support go a long way in making a difference to an individual's personal growth. The staff, alumni and the wider network were supportive of me, sometimes beyond expectations, which boosted my confidence. I hope to give forward the kind of support I received at Pestalozzi to others in the future.

We used to discuss global political, social and economic issues over dinner or on the bus back from college. Our discussions facilitated the intriguing exchanges of ideas and demonstrated a gap in my thought processes and opening my mind to the differences that existed. I have been hooked on debating since. I was also able to participate

in extra-curricular activities such as the Duke of Edinburgh award.

Pestalozzi provided a safe platform where I could work towards my dreams. It taught me hope and changed my life for good. It is important that students from economically disadvantaged backgrounds receive similar opportunities. This uplifts not only an individual, but their family and wider society. My younger brother has attended university and my extended family has let go of some of their stereotypical expectations.

Before receiving a scholarship to attend the University of Brighton I had two gap years during which I worked as a trainee journalist at Nepal Republica Media Ltd where I was part of a team responsible for designing and producing a daily newspaper supplement.



At Brighton I was awarded the IET Sussex Network Prize for two consecutive years and was awarded an additional merit scholarship in my final year by the university philanthropy department. I graduated in 2020 with a national-level IET student prize.

In 2019, I helped students apply to the university through the Clearing services. I identified that the Clearing process was archaic and a headache for both students and universities. I myself had gone through a hectic process of applying to universities and wanted to make university Clearing faster, cost-efficient and hassle-free. I won the University of Brighton Ideas Competition in December 2019 for the business idea, followed by a fully funded graduate intern and accelerator type business support from the 2020 Santander Universities Emerging Entrepreneurs programme.

I founded UNITEC to provide a disruptive Software as a Service (SaaS) solution through which universities can automate their enrollment process and applicants globally can benefit from a 24/7 self-service system.

UNITEC has just been awarded a Pestalozzi Development Fund grant that will enable us to hire consultancy support in data protection, meet compliance requirements and perform a pilot study. We are currently also expanding our team in Nepal. The funding will be useful in acquiring infrastructure required for global team management and remote working.

Currently, I am following my passion and working towards a career in Artificial Intelligence and innovation and hope to contribute to Nepal's digital transformation by bringing innovation to Nepal and providing employment opportunities.

**SUPPORT PESTALOZZI SO YOU CAN LIVE IN A BETTER WORLD**

Education is the key to empowering young people to improve their lives and their communities. By setting up a regular payment to Pestalozzi or giving a one-off gift, it means that we can continue to provide opportunities to young people like Shuvechchha who will go onto make a difference in the world. Go to [pestalozzi.org.uk/donate](https://pestalozzi.org.uk/donate) or fill in the form at the back of this newsletter.



## JOIN PESTALOZZI'S CHRISTMAS FUNDRAISING CHALLENGE

### Help students like Rufaro during this year's Big Give Christmas Challenge

By donating to our Big Give Christmas Challenge, you could help Rufaro and other students like him to complete their further education. Donate between the 1st and 8th December and your money could be doubled via match-funding, providing the gift of education.

Rufaro is a motivated young man with a dream of making a meaningful contribution to the medical field. Growing up in Zimbabwe, Rufaro was faced with barriers to education due to the family's very limited income and had to rely on donations to pay his school fees. Fascinated by mathematics, after his mother suffered a spinal cord injury, he also developed an interest in Biology and Chemistry. He would like to become a Neurosurgeon.

Rufaro is a volunteer with the National Aids Council, where he is the youngest member of a team that influences decision-making on sexual reproductive health and rights. He is passionate about making a difference in his home country and has also been appointed as WellCo representative for the student body at UWC, which reflects his care and compassion for the wellbeing of those around him.

Rufaro was awarded a Pestalozzi-UWC scholarship in 2019, and attends United World College Atlantic in Wales. "I'm incredibly grateful for being chosen to receive the Pestalozzi-UWC Scholarship. It means that I don't have worry about anything else, enabling me to concentrate on my studies."

Without a scholarship, Rufaro would not have been able to finish high school. His achievements so far are remarkable given the challenges he has faced. Thanks to the kind generosity of Pestalozzi's supporters Rufaro can now work towards his dream.

To donate during the Christmas Challenge week, please visit [bit.ly/PestaBigGive2020](http://bit.ly/PestaBigGive2020) You can only donate to this campaign during the Challenge week. If you send the money to us directly, or outside of the Challenge week, the funds will not count towards our target and therefore won't have the opportunity to be doubled.

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### The Gift of Education: Remembering Pestalozzi In Your Will

A gift in your will can make an enormous difference to the lives of future Pestalozzi students and the people they support after they leave us.

Pestalozzi receives no government funding and is supported entirely by donations. Gifts in Wills are a highly valued and welcome contribution to our work, making up 25% of the charity's income over the last year.

*Pestalozzi has been an important part of my life, and I want it to survive in an increasingly difficult environment. I have included a gift in my Will, so that I can help Pestalozzi to survive and endure into the future.*

**Supporter Richard Maidment**

Pestalozzi have teamed up with the Goodwill Partnership, a service which allows you to make a Law Society approved Will in your own home, without the need to visit a solicitor's office. You can contact the Goodwill Partnership on 0844 669 6148 or book a COVID safe visit or video call at [www.thegoodwillpartnership.co.uk/pestalozzi/](http://www.thegoodwillpartnership.co.uk/pestalozzi/).

You can find more information about remembering Pestalozzi in your Will by visiting our website, contacting us on 01424 870444 or [hannah.banham@pestalozzi.org.uk](mailto:hannah.banham@pestalozzi.org.uk).

Follow us on social media @PestalozziUK



## MAKE A DIFFERENCE IN THE WORLD DONATE TO PESTALOZZI

Title:  Given name:

Family name:

Address:

Postcode:

Telephone:

Email:

I enclose a cheque for £  made payable to Pestalozzi International Foundation

I wish to give regularly and have completed the Bankers Order Form (below)

Please stop claiming Gift Aid on my donations as I am no longer a UK taxpayer

I would like to receive/continue to receive news and updates from Pestalozzi International Foundation

email  post

How did you receive this newsletter?

### BANKER'S ORDER

Please send to Pestalozzi, not to your bank.

Your bank:

Bank address:

Postcode:

Sort code:  Account number:

Account name:

Please pay to Barclays Bank plc, 207-208 Queens Road, Hastings, TN34 1QP. Sort Code: 20-27-91  
For the credit of Pestalozzi International Foundation  
Account Number: 60716383

the sum of £  (please repeat in words)

Please take my gift:  Once  Monthly  Annually

Commencing:  D  D  M  M  Y  Y until further notice

Signature:

Date:

### GIFT AID DECLARATION

**Boost your donation by 25p of Gift Aid for every £1 you donate.**

Gift aid is reclaimed by the charity from the tax you pay for the current tax year.

I would like Pestalozzi to reclaim gift aid on:

My donation of £  only

My donation of £  and any donations I make in the future or have made in the past 4 years

I am a UK tax payer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Please notify the charity if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax on your income and/or Capital Gains.

Signature:



